

## **"Do Everything" or "Pull the Plug" – Penelope Smith and Anne Palma**

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When talking about end-of-life medical decision making, the average person thinks, "it's like playing the game WOULD YOU RATHER. Would you rather get all the extraordinary tests and treatments known to medical science or would you rather they just pull the plug?" In reality, it's not that simple, particularly for a person of faith. During this interactive workshop, you will take part in an exercise on discerning YOUR end-of-life priorities plus a discussion on the spiritual aspects of the dying process. This content is taken from the 7-hour **Estate Planning for the Heart** seminar developed by EWA-ID Synod of the ELCA (Lutheran) Church. Whether you are preparing for your own death or anticipate accompanying a loved one on his/her final journey, you will find this workshop both helpful and comforting.

#### **Presenter info:**

**Penelope Smith, MSSW** - is a retired social worker with experience in hospice, home health, geriatrics evaluation, long term care ombudsman office, medical insurance, and case management for seniors. She has been a part of the EWA-ID **Estate Planning for the Heart** task force and is a member of Trinity Lutheran in Nampa, ID.

**Anne Palma**, MD, M Div - served God and neighbor as a medical doctor for 30 years, most recently focused on palliative care and hospice, before trading her stethoscope for a stole in a new beginning in the vocation of ordained ministry. She has been the pastor at Our Savior Lutheran in Twin Falls, ID, since January, 2018. She is also a member of the **Estate Planning for the Heart** task force.